## ERASMUS PLUS-ISPARTA





## THE ARRIVAL

• I arrived in Isparta, Turkey on Sunday 8TH and Fatma my host, was waiting for me.



## FIRST DAY

 On Monday morning I had my first Turkish breakfast. It was so strange for me because in Italy I always have a croissant and an expresso coffee, while in Turkey for breakfast she served me bread, tomatoes, eggs, potatoes, cheese and cucumbers. Fortunately, I bought a mocha with Italian coffee as a gift to my host family so I took advantage of it and I made myself an Italian coffee every morning.



I went to school on foot and I met all Erasmus mates, with them it was love at first sight.

- My Italian school mates my teacher and I were welcomed by the director of the Turkish school system.
- We talked about the differences between our school systems.



 After that, I went to school and I learned a typical Turkish dance called Folklör. It was so funny!



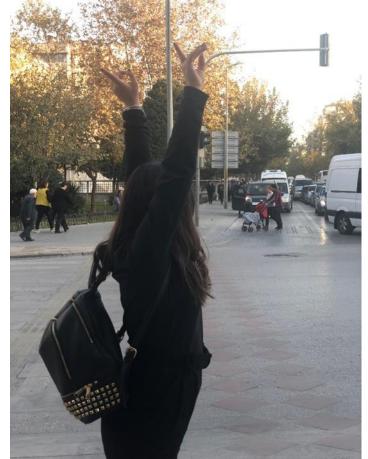


 We presented our school to the other participants and they did the same thing. It was interesting because I understood how different the school is from each foreign country.



- On Monday morning I saw several videos about old people and their problems.
- In the afternoon I had free time, my friends and I went to explore the city all together.







## SECOND DAY

 On Tuesday morning I went to Pamukkale and I visited The Roman remains and a Greek-Roman amphitheater.



 I walked on a kind of path to get to the Cotton Castle. The Cotton castle is like a white mountain with natural pools. It is said that Cleopatra had bathed there. I had lunch in Denzil, a little town near Pamukkale, and I visited this











## THIRD DAY

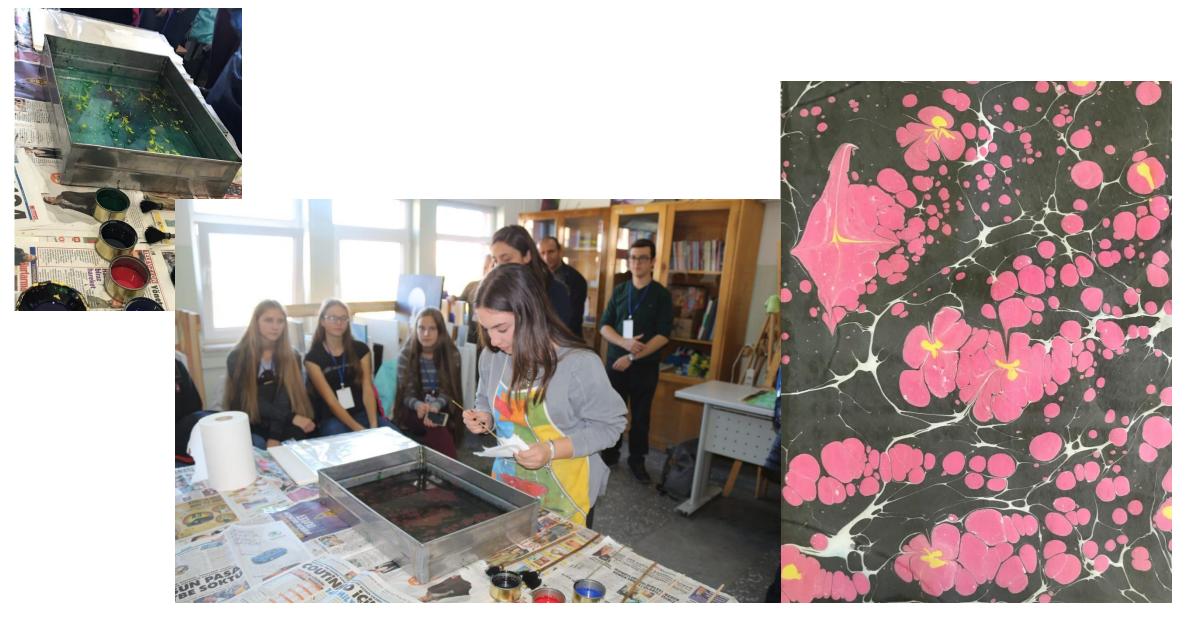
 On Wednesday I went to the nursing home and we asked some questions to old people about their life and their culture. I heard many ugly stories and I am more and more convinced that old people are like a treasure to be preserved. It made me so sad and I think I could never forget their stories. They obviously spoke in Turkish and my host translated into English.







• I learned the beautiful Ebru art and this is what I did.



• In the evening I went to a bowling alley with my new foreign mates and it was so funny and it made me so happy!



## FOURTH DAY

• On Thursday I went to Antalya, the most beautiful city I've seen so far in Turkey. On the way there we stopped to visit the Karatas caves and I think that it was the worst experience of my life because of the bats.

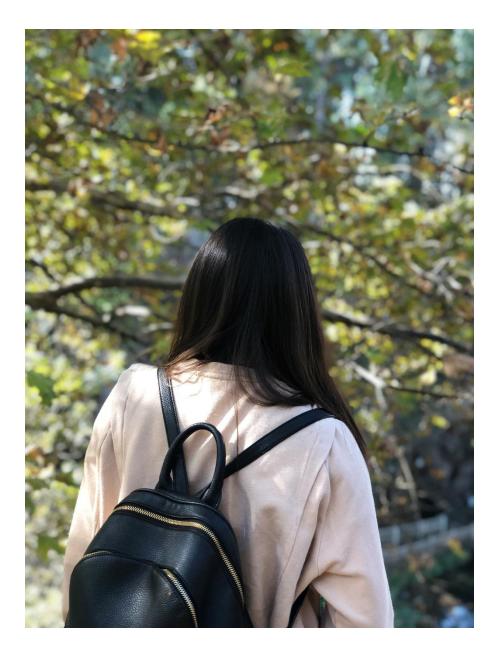
I was really sc



 Then I went to Antalya's waterfall and that place is the most wonderful place in the world. It is a natural place with lots of animals and many gardens and flowers.









• I also visited the city and I went to the shopping center by carriage pulled by horses and it was an amazing experience.

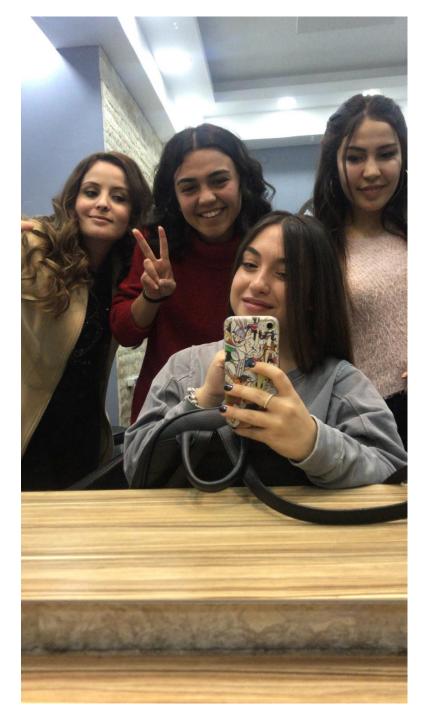


## FIFTH DAY

 On Friday we did a role play about elderly and it was an amusing experience because each of us played a part.



 In the afternoon I went to the hairdresser with my host girl and then I spent the rest of the evening at home preparing my suitcase.

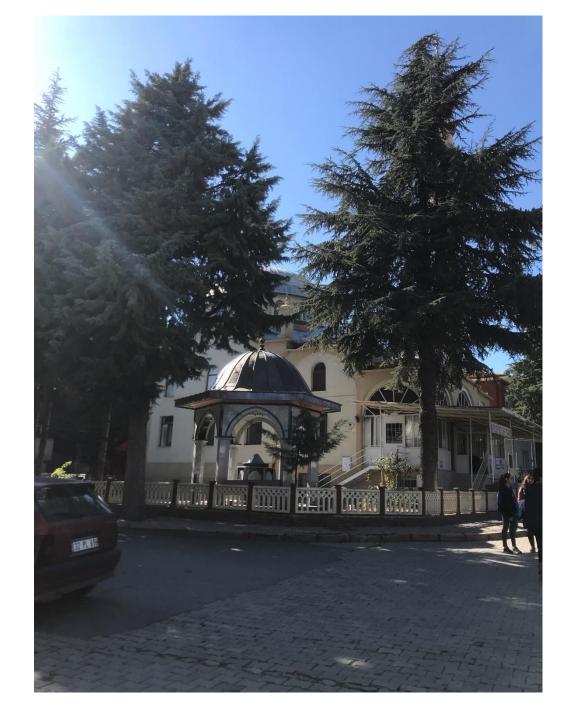


# • Mele are a lot of differences between Turkey and Italy. For example the food: they always eat meats, spicy food, sauces, seeds while we have a more variety of food.





 Another main difference is the cult of religion: in Italy everyone can go to church while in Turkey, only man must go to church every Friday and women can choose to pray at home or from the gallery of the mosque hidden by a curtain.



## HOSPITALITY

• Everyone was waiting for us and they were happy to meet us and for me it was the same. The Turkish teachers were very nice and I have to say thank you to them because they took us to beautiful places and they organized nice and interesting activities for us. They also organized a farewell dinner where we were all together and for this reason I could eat typical Turkish dishes. They gave us presents like a notebook, a pen and a scarf. My family was very nice too. This meeting helped me to cancel any stereotypes I may have had before this Erasmus experience.



 It was a wonderful experience and I'm glad to have seen places like those and to have met special people. I'll never forget this journey!

